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To Whom It May Concern,

Mr. Wan presents with severe clinical manifestations consistent with **Major Depressive Disorder** and **Generalized Anxiety Disorder**, underpinned by significant neurotransmitter dysregulation. His condition has been severely exacerbated by chronic exposure to high-decibel academic stressors and maladaptive adjustment to the research environment. This prolonged psychological strain has progressed into a state of acute emotional and physiological exhaustion, leading to a complete breakdown of his psychological resilience and neurocognitive stability.

The patient's condition has evolved into profound somatization, characterized by persistent autonomic nervous system hyperarousal, frequent panic attacks, and refractory insomnia. These physiological symptoms have induced severe executive dysfunction, resulting in a near-total loss of cognitive processing speed, concentration, and memory retention—essential faculties for his laboratory research and academic responsibilities. Given the severity of his social withdrawal and the debilitating nature of his symptoms, continued academic engagement is **clinically untenable**. A period of medical withdrawal is strictly necessitated to facilitate intensive clinical stabilization and prevent irreversible psychological deterioration.

Best Regards,

*Colin Sutton, LCSW (#110608), M.Ed*  
*Staff Therapist*  
*Counseling and Psychological Services (CAPS)*